



NEWINGTON HIGH SCHOOL ATHLETICS

WINTER SPORT REGISTRATION

***Girls Basketball, Ice Hockey & Wrestling begin Monday,
November 30, 2026***

All other winter sports begin Thursday, December 3, 2026

WHAT DO I NEED TO DO?

☐ CHECK YOUR ELIGIBILITY

1.) Academic Eligibility:

- Student-athletes must have passed **FIVE (5)** classes that meet every day during the first quarter.

2.) Physical Eligibility:

- For a winter sport, a physical must be from October 30, 2025 or more recent **and** be on file with the NHS nurse PRIOR TO 12 pm, on November 25th.
- You must use the State of Connecticut Health Assessment Record 'HAR-3 Rev. 4/2012' (blue form) for a physical. It is available in the NHS main office, NHS nurses' office, your doctor's office, or on the Newington Athletics website.
- The physician must 'check' the box on that blue form that states, "This student may participate fully in athletic activities and competitive sports."

NHS Sport Physicals:

Newington High School offers sports physicals in the nurses' office, if you do not have health insurance or are otherwise unable to get a physical from your own provider. Students must have written parent permission with them the day of the physical in order for it to be performed.

- Physical Date: November, 24th
- Students must sign up in the nurses' office by November 18th.

I AM ELIGIBLE, WHAT'S NEXT?

☐ ALL 3 ITEMS BELOW MUST BE COMPLETED BY November 24, 2026

1.) ONLINE REGISTRATION!

- Visit www.newingtonathletics.com and click on the "Registration" tab at the top.
- Click on "Winter Sport Online Registration", which will direct you to the online registration.
- The online registration is complete when you click the blue "Submit" button on the last page.
- **Any registrations received after 12 pm, on November 24th will result in a late start.**
- Registration status can be found under the "Forms" tab on www.newingtonathletics.com

2.) Physical:

- To be eligible, student athletes must have a valid physical **on file with the NHS nurses' office** dated after October 30, 2025 by 12 pm, on November 24th.

3.) Participation Fee:

- **A check for \$115.00* (One hundred & fifteen dollars) made payable to: Newington Athletic Fund.**
 - ***Ice Hockey requires a \$750.00 (seven hundred fifty dollars) participation fee.**
- Must be turned in to the Athletic Office, Room 120 by 12 pm, on November 24th to start on time. **Fees turned in after the deadline will result in a late start.**
- If student does not appear on regular season roster, checks will be shredded.
- Checks will be deposited after the first day of competition.

Please see reverse side of this paper for information on pre-season sport meetings held by each coach.

Newington High School Athletic Teams

2026 - 2027 School Year

Winter Season

Girls Basketball, Ice Hockey & Wrestling begin Monday, November 30, 2026
All Other Winter Sports begin, December 3, 2026

Sport	Coach's Name	Contact Information	Preseason Meeting Date	Time	Location
Basketball - Boys	Mr. Scot Wenzel	wenzels@plainvilleschools.org	Tuesday, October 20th	2:30 p.m.	Gym
Basketball - Girls	Mr. Mike Forgione	mikeforgione@yahoo.com	Tuesday, October 27th	3:00 p.m.	Cafe
Cheerleading	Ms. Grace Mangiafico	gmangiafico04@gmail.com	Tuesday, October 27th	2:30 p.m.	Cafe
Ice Hockey	Mr. David Harackiewicz	harackiewicz@ccsu.edu	Thursday, October 29th	7:00 p.m.	Zoom; Check team webpage
Indoor Track - Boys & Girls	Mrs. Jen Deschenes-Emord	jen.deschenes@gmail.com	Wednesday, October 21st	2:30 p.m.	Cafe
Swimming & Diving - Boys	Ms. Crystal Connery	cconnery13@gmail.com	Tuesday, October 20th	3:30 p.m.	Pool Balcony
Wrestling	Mr. Michael McKeever	michael.mckeever@live.com	Tuesday, October 20th	6:15 p.m.	Cafe